



Dates to Remember

November 7th– PTSO Meeting 5:30 PM

November 9th—Lifetouch Picture Retakes

November 15th– End of 1st trimester marking period.

November 23rd — Early dismissal 12:30 PM

Walkers dismissal at 12:40 PM

November 24-28– School Closed for Thanksgiving Break

W. R. Croman Primary School Clothing Guidelines

Living in Northeastern Pennsylvania we must be able to adapt to the frequent weather changes as needed. To alleviate some of the guessing of “what do I need to wear” we have developed a recommended clothing chart. We care about your child’s health, but also know that activity outdoors is vital for a healthy lifestyle. Please watch/listen to local weather reports so that you can help dress yourself/children accordingly.

Wind Chill/Temperature

65 – up

50-64

35-49

20-34

20 and below

Clothing Recommendations

Shorts, Skirts, Short-Sleeves

Long Sleeves, Sweatshirt, Light Jacket, Pants

Winter Coat, Hat and Gloves Recommended

Winter Coat, Hat, & Gloves

No Outdoor Recess

Young children are less likely to realize they are getting cold as their small bodies lose heat rapidly. It’s important to make sure they are dressed appropriately for the colder weather.

Here’s some tips to follow for the cold days.

- 1) **Layer Up!** – A good rule of thumb – your child should wear one more layer than you would for the same weather conditions.
 - 2) **Cover those fingers, faces, and toes!** A child’s head, face, ears, hands, and feet are most prone to cold exposure and frostbite. Keep them covered and protected from the cold.
 - 3) **Keep them dry!** We all know how much colder you are once you also get wet. Adding boots and snow pants once the snow begins to pile up will help keep them warm and dry.
- ** It’s also a good idea to send in a spare change of clothes to keep at school, just in case they do get wet.



student of the Month

Great
Job!!

Student of the Month for October

Kindergarten: Branson M., Austin B., Hailey E., Alexis W., Avery S., Arellin M.

First Grade: Kylee R., Garret L., Clayton H., Sawyer H., Brody B.

Second Grade: Tryton B., Brooklyn P., Maverick M., Savannah S., Charlee H.



Notes from the Nurse

October is Children's Health month

It is observed to help remind us how important it is for us to protect and develop better health in our children. So, what can you do to improve your child's health? Here's just a few ideas.

Schedule your child's yearly Wellness visit.

Wellness visits help guide you to make better health choices and to catch underlying problems early.

Encourage your child to Go Outdoors.

Studies show spending time in nature can have a positive impact on children's mental & physical health.

Encourage more Fruits & Veggies

There are numerous benefits to adding more fruits & veggies but most important is the essential nutrients they provide for growth and good health.

Teach good Oral Hygiene habits.

Reminding your child to brush both morning and night can help them build strong healthy teeth for life.



Croman Cruiser Fund Raiser

Croman Cruiser Laps were a huge success. Everyone enjoyed the day. The PTSO would like to thank those that volunteered to help that day and the following companies that supported the Croman Cruiser Fund Raiser:

Sponsors

Capece Auto Repair, LLC
Moose's Enterprises
Cooke's Pharmacy, Inc.
Vinnies Pizza
Curren RV Sales
Troy Vet's Club
Debra Lopatofsky DDS and Bruce Bense DMD PC
Spencer R. Bense DMD
Gannon Associates Insurance
Troy Psychological Services
JB Construction
Endless Mountains Brace and Mobility
AJH Design
Leaps and Bounds
Ayers Construction

Martin's Trucking LLC
Victory Church
Eighmeyer Chevrolet Buick
Magisterial District Court Judge (42-3-01) Jonathan M. Wilcox
Storch Family Farm
Woody's Country Store
Haven's Well Drilling
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Brann, Williams, Caldwell & Blaney
Law Office of Christina Fleury
First Citizens Community Bank
Martha Lloyd Community Services
Hoover Hardware Do it Center
Jerry's Tire & Repair Center
Green Valley Biomass & Country Shoppe
Golden Oak Inn B&B
A Drop in the Bucket Maple—The McWhorter Family

**9,093
Laps!!**



Croman Cruisers 2022



Fall Fun Day



"Fall Fun Day"

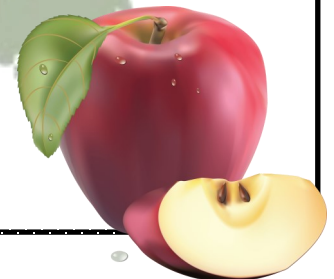


Mr. Wilcox and Mrs. Curren handing out Trojan water bottles and frisbees for the students



Fun Apple Facts for Kids

1. Apples grow in apple orchards.
2. Apple blossoms grow into the apples that we eat!
3. One apple has around 6-10 apple seeds.
4. Green apples are called Granny Smith apples!
5. One cup of apple juice is made from three apples.
6. Apples and peanut butter are a very healthy snack.
7. The largest apple was grown in Japan!
8. There are over 100 apples in a bushel of apples.



Apple Fun

No-Bake Cinnamon Sugar Apple Slices

These no-bake cinnamon apple slices make the perfect healthy dessert or snack! Cinnamon and brown sugar turn regular apple slices into an indulgent sweet treat!

PREP TIME 5 minutes

TOTAL TIME 5 minutes

Ingredients

- 1 granny smith apple
- 1 tbsp brown sugar
- 1/2 tsp cinnamon

Instructions

Core and slice apple into wedges

In a plastic bag, add the apple slices, brown sugar, and cinnamon. Seal bag and toss contents until slices are well coated with cinnamon sugar mixture.

Remove slices from the bag and serve.



Old Shoe Spirit Week



Halloween Parade



